

The Four Petals of the Mooladhara Chakra

The root of the support of the universe

Located in the pelvic plexus

4. Righteousness

Integration of
fearlessness,
collective consciousness,
dharma

3. Truth

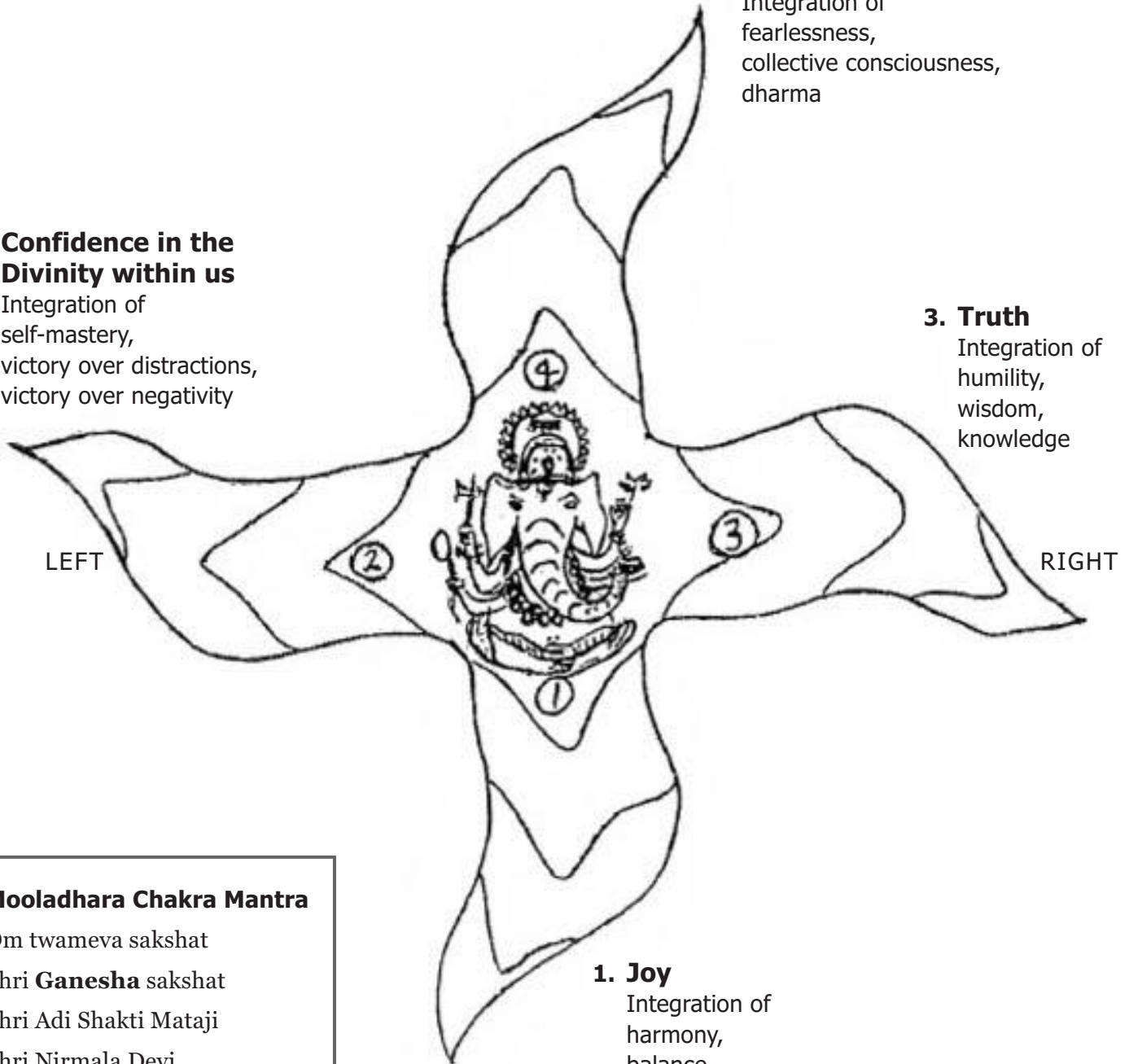
Integration of
humility,
wisdom,
knowledge

2. Confidence in the Divinity within us

Integration of
self-mastery,
victory over distractions,
victory over negativity

1. Joy

Integration of
harmony,
balance,
innocence



Mooladhara Chakra Mantra

Om twameva sakshat
Shri **Ganesha** sakshat
Shri Adi Shakti Mataji
Shri Nirmala Devi
Namoh Namah